

# Author's Note

Wake up! “RIIIIIING; Good morning! It is six forty-five a.m., and this is your wake-up call. Your day should be happy and sunny...but if not, ...most certainly read on. Now have an awesome, discovery-filled and creative day!”

“Wake up to what?” you’re probably thinking.

To your personal power of co-creating this world! In order to intentionally create the world you live in, you first need to be aware of how it functions, how it developed up to this point and what active—conscious or unconscious—role you have been playing in it.

Next you need to develop a vision. What kind of world would you *like* to see? And last but not least, you need to understand yourself and the people around you: Is your creativity and passion for life vibrant and strong or do you have to remove suppressing barriers? And how can you enjoy focused and intentional co-creation together with others?

I do not claim to have all the answers for you. Actually, no one else other than you can answer these questions for you. However, I will gladly make an attempt to help you discover them. One thing I do know is that in order to allow your spirit within to bloom to its full potential, you require awareness and conscious action!

My exposure to poor farming communities and the slums in South America while doing business as a corporate executive with some of the richest people on the continent, has impacted my perspective of our world significantly, and given new direction to my life. The spiritual journey resulting from these travels has been the inspiration for this book. To turn it into an exciting, captivating story, I have condensed all my fragmented experiences into a two-week adventure through South America. All character names, and some places, have been changed to protect the privacy of those who helped me discover the power of my inner spirit and my ability to co-create in this universe.

This book challenges traditional perspectives and offers alternative viewpoints. While the story contains my personal insights, it is by no means my intention to “sell” these to you. I am merely sharing them to stimulate your personal thinking and allow you to develop *your unique perspective* of our world, take *conscious actions* in your life and *enjoy* this great adventure of being human.